

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 9:00-Level 3-Randi 9:00-Restore/Med-Christina 10:30-Level 1-Randi 10:30- Ageless/Gentle-Carolyn	2 9AM-Mixed Level-Kerry 9AM-Mindful-Jim
3	4 9- Ageless Lev 1-Kim 10:30-Level 2-Randi 10:30- Ageless/Gentle-Carolyn 6:00-Yin-Mary Lou 6:00- Gentle-Sandy	5 9:00-Lev 1/Tibetan Rites-Kim 10:30-Level 3-Kerry 10:30-Restore-Heather 5:00- Level 2 –Rodney 5:00- Level 1-Susan 6:30-VinYin-Rodney 6:30-Level 1&2-Susan	6 9:00- Ageless Lev 1 – Mary Lou 9:30-Yin-Erin 10:30-Gentle/Ageless-Mary Lou 6:00-Flow 2&3-Randi	7 9:00-Level 2-Debbie 9:15-Vinyasa Flow-Randi 10:30-Ageless Lev 1-Kim 11:00-Ageless Gentle-Sandy 5-Level 2-Kerry 6:30-Level 1-Kerry	8 9:00-Level 3-Louise 9:00-Med-Mary Lou 10:30-Level 1-Christina (balls) 10:30- Ageless/Gentle-Carolyn	9 9AM-Mixed Level-Brier 9AM-Mindful-Mary 10:30-6:30-200 Hr TT
10 10:00-6:00-200 Hr TT 4-5:15pm-Restorative Flow-Randi	11 9- Ageless Lev 1- Mary Lou 10:30-Level 2-Kim 10:30- Ageless/Gentle-Mary Lou 6:00-Yin-JoRoyce 6:00- Gentle-Mary	12 9:00-Level 1-Christina 10:30-Level 3-Kerry 10:30-Restore-Heather 5:00- Level 2 –Rodney 5:00-Level 1-Debbie 6:30-VinYin-Randi 6:30-Level 1&2-Debbie	13 9:00- Ageless Lev 1 – JoRoyce 9:30-Yin-Mary Lou 10:30-Gentle/Ageless-Carolyn 6:00-Flow 2&3-Brier	14 9:00-Level 2-Kim 9:15-Vinyasa Flow-Randi 10:30-Ageless Lev 1-Christina 11:00-Ageless Gentle-Carolyn (balls) 5-Level 2-Kerry 6:30-Level 1-Kerry	15 9:00-Level 3-Randi 9:00-Restore/Med-Christina 10:30-Level 1-Randi 10:30- Ageless/Gentle-Mary Lou	16 9AM-Mixed Level-Kerry 9AM-Mindful-Mary
17	18 9- Ageless Lev 1-Heather 10:30-Level 2-Kim 10:30- Ageless/Gentle-Sandy 6:00-Yin-Mary Lou 6:00- Gentle-Mary	19 9:00-Level 1-Randi 10:30-Level 3-Randi 10:30-Restore-Heather 5:00- Level 2 –Rodney 5:00-Level 1-Susan 6:30-VinYin-Brier 6:30-Level 1&2-Susan	20 9:00- Ageless Lev 1- Mary Lou 9:30-Yin-Linda 10:30-Gentle/Ageless-Mary Lou 6:00-Flow 2&3-Randi	21 9:00-Level 2-Debbie 9:15-Vinyasa Flow-Randi 10:30-Ageless Lev 1-Kim 11:00-Ageless Gentle-Carolyn 5-Level 2-GeGe 6:30-Level 1-GeGe	22 9:00-Level 3-Liz 9:00-Med-Mary Lou 10:30-Level 1-Sue (balls) 10:30- Ageless/Gentle-Carolyn	23 9AM-Mixed Level-Liz 9AM-Mindful-Mary Lou 10:30-6:30-300 Hr TT
24 10:00-6:00-300 Hr TT	25 9- Ageless Lev 1-Heather 10:30-Level 2-Randi 10:30- Ageless/Gentle-Mary Lou 6:00-Yin-Brier 6:00- Gentle-Sandy	26 9:00-Lev 1/Tibetan Rites-Kim 10:30-Level 3-Debbie 10:30-Restore-Heather 5:00- Level 2 –Kerry 5:00-Level 1-Christina 6:30-VinYin-Kerry 6:30-Level 1&2-Christina	27 9:00- Ageless Lev 1- JoRoyce 9:30-Yin-Erin 10:30-Gentle/Ageless-Carolyn 6:00-Flow 2&3-Kerry	28 9:00-Level 2-Kim 9:15-Vinyasa Flow-Randi 10:30-Ageless Lev 1-Carolyn 11:00-Ageless Gentle-Sandy 5-Level 2-GeGe 6:30-Level 1-GeGe		

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