

June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 9:00-Level 3-Liz 9:00-Restore/Med-Christina 10:30-Level 1-Christina (balls) 10:30- Ageless/Gentle-Sandy	2 9AM-Mixed Level-Liz 9AM-Mindful-Mary 10:30-6:30-300 Hr TT
3 10:00-6:00-300 Hr TT	4 9- Ageless Lev 1-Heather 10:30-Level 2-Erin 10:30- Ageless/Gentle-Sandy 6:00-Yin-JoRoyce 6:00- Mindful Motion-Healthy Back-Sandy	5 9:00-Lev 1/Tibetan Rites-Kim 10:30-Level 3-Kerry 10:30-Restore-Heather 5:00- Level 2 –Rodney 5:00-Level 1-Susan 6:30-YogaMoves-Rodney 6:30-Level 1&2-Susan	6 9:00 - Ageless Lev 1-JoRoyce 9:30-Yin-Erin 10:30-Gentle/Ageless-Carolyn 6:30-Flow 2&3-Randi 6:30-Prenat-Lauren	7 9:00-Level 2-Kim 9:15-Vinyasa Flow/Primary Series-Randi 10:30-Ageless Lev 1-Kim 11:00-Ageless Gentle-Carolyn (balls) 5-Level 2-Kerry 6:30-Level 1-Kerry	8 9:00-Level 3-Randi 9:00-Restore/Med-Christina 10:30-Level 1-Randi 10:30- Ageless/Gentle-Carolyn	9 9AM-Mixed Level-Kerry 9AM-Mindful-Mary
10	11 9- Ageless Lev 1-Heather 10:30-Level 2-Debbie 10:30- Ageless/Gentle-Mary Lou 6:00-Yin-Charlotte 6:00- Mindful Motion-Balancing Energy-Mary	12 9:00-Level 1-Randi 10:30-Level 3-Randi 10:30-Restore-Heather 5:00- Level 2 –Rodney 5:00-Level 1-Debbie 6:30-YogaMoves-Rodney 6:30-Level 1&2-Debbie	13 9:00- Ageless Lev 1-Carolyn 9:30-Yin-Erin 10:30-Gentle/Ageless-Carolyn 6:30-Flow 2&3-Brier 6:30-Prenat-Resume in July	14 9:00-Level 2-JoRoyce 9:15-Vinyasa Flow-Randi 10:30-Ageless Lev 1-Carolyn 11:00-Ageless Gentle-Sandy 5-Level 2-Charlotte 6:30-Level 1-Charlotte	15 9:00-Level 3-Liz 9:00-Med-Sandy 10:30-Level 1-Christina (balls) 10:30- Ageless/Gentle-Sandy 6:30-8:30-Music & Wellness -Robin & Sarah	16 9AM-Mixed Level-Liz 9AM-Mindful-Sandy
17	18 9- Ageless Lev 1-Kim 10:30-Level 2-Kim 10:30- Ageless/Gentle-Carolyn (balls) 6:00-Yin-Mary Lou 6:00- Mindful Motion-Strong Bones-Sandy	19 9:00-Lev 1/Tibetan Rites-Kim 10:30-Level 3-Kerry 10:30-Restore-Heather 5:00- Level 2 –Rodney 5:00-Level 1-Christina 6:30-YogaMoves-Rodney 6:30-Level 1&2-Christina	20 9:00- Ageless Lev 1-JoRoyce 9:30-Yin-Linda 10:30-Gentle/Ageless-Mary Lou 6:30-Flow 2&3-Kerry 6:30-Prenat-Resume in July	21 9:00-Level 2-Debbie 9:15-Vinyasa Flow/Primary Series-Randi 10:30-Ageless Lev 1-Kim 11:00-Ageless Gentle-Carolyn 5-Level 2-Kerry 6:30-Level 1-Kerry	22 9:00-Level 3-Randi 9:00-Restore/Med-Christina 10:30-Level 1-Randi 10:30- Ageless/Gentle-Carolyn	23 9AM-Mixed Level-Brier 9AM-Mindful-Liz
24	25 9- Ageless Lev 1-Heather 10:30-Level 2/Moon Salutation-Erin 10:30- Ageless/Gentle-Carolyn 6:00-Yin-JoRoyce 6:00- Mindful Motion-Stress Relief-Mary	26 9:00-Level 1-Christina 10:30-Level 3-Liz 10:30-Restore-Heather 5:00- Level 2 –Kerry 5:00-Level 1-Debbie 6:30-Vinyasa Flow-Kerry 6:30-Level 1&2-Debbie	27 9:00- Ageless Lev 1-Mary Lou 9:30-Yin-Linda 10:30-Gentle/Ageless-Mary Lou 6:30-Flow 2&3-Kerry 6:30-Prenat-Resume in July	28 9:00-Level 2-Kim 9:15-Vinyasa Flow-Kerry 10:30-Ageless Lev 1-Kim 11:00-Ageless Gentle-Carolyn 5-Level 2-Christina 6:30-Level 1-Christina	29 9:00-Level 3-Liz 9:00-Med-Mary Lou 10:30-Level 1-Sue(balls) 10:30- Ageless/Gentle-Mary Lou	30 9AM-Mixed Level-Kerry 9AM-Mindful-Mary Lou

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